AAC MYTHS & TRUTHS

Help to dispel common misconceptions about Augmentative & Alternative Communication (AAC) for **Autism**.

MYTH:

"AAC will keep him from talking."

TRUTH:

Using AAC won't prevent an autistic person from developing speech. In fact, AAC can encourage speech production.

MYTH:

"She has enough words to express herself."

TRUTH:

It's difficult for someone to express what they truly want, think or feel with only basic language. AAC can help autistic people communicate with greater depth and variety.

MYTH:

"He's too young to use AAC."

TRUTH:

There is no evidence to suggest that people must be a certain chronological age to benefit from AAC. Introducing AAC at an early age may even encourage speech.

MYTH:

"We should start with a communication board before we try an AAC device."

TRUTH:

The provision of AAC tools and techniques doesn't need to follow a particular order. It is a series of decisions made and revisited regularly based on the individual's skills and needs.

